



# Being Thankful

2020 seems to be going by quickly despite all we are currently facing. It is mid-May already and almost halfway into the year. It has been a really tough time for us all and we are all hoping to see an end soon to the pandemic and, a return to some bit of normalcy.

**You are probably behind some of your goals for the year and some of the things you have desired for this year seem far-fetched.**

However, in the face of all of this, positioning and posturing before God is critical to your ability to make this year a memorable journey of strength and power.

## First posture is that of Thanksgiving

“A position of submission to God’s ultimate will. A place of strength!”



Our foundational text is from

**I THESSALONIANS 5:18**

*5 “In everything give thanks: for this is the will of God in Christ Jesus concerning you.” (KJV)*



He does this because he understands that **“a cheerful disposition is good for my health”** (Pro 17:22).

God knows worrying about circumstances or things would only create unpleasant health issues or concerns.

You need your immune system up and running and God knows this, so

He has given you a quick fix of thanksgiving. These are tough times and to give thanks is even tougher;

that’s when it becomes a sacrifice. A sacrifice pleasing to our Father.

**God expects us to trust in Him and not waver in our belief that He is God over everything.**

Remember amidst the troubles, there is always something to be thankful about.

## Being alive is one.

### Why is thanksgiving so vital for you?

- a. It creates for you a progressive path in God’s Kingdom- your expectation creates your miracles
- b. It positively affects your mental faculty and improves your reasoning- you see things clearly and through the eyes of God
- c. Thanksgiving ushers you into God’s presence- it is the protocol needed- come in through the gates with thanksgiving and into His courts with praise.

### PRAYER

*I give thanks for your love and mercy. You are amazing.*



### CHARGE

*Write out what you are thankful for, give thanks to God, please God with a heart full of praise and thanksgiving. It is for good and excellent for your health*

Enjoy our song for the week - **SOMORE** by **Kenny Kore**. It means “are you grateful?”



### SONG

**PLAY** ▶

**SOMORE**

**BY KENNY KORE**

You can send in comments to



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*Oge Funlola Modie*  
#JesusGirl

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